

Charlotte NC Chapter of the AMERICAN HARP SOCIETY

February 2025 Newsletter



SAVE THE DATE: SPRING SOCIAL, RECITAL AND MEETING
Saturday, May 3, 2025 at 4:00pm

Location: Home of Carol Gamble, 4215 Morrowick Rd, Charlotte, NC 28226

Please join us for some harp camaraderie, a few harp serenades, a quick meeting, and some nibbles! A lovely way to end the 2024–2025 CCAHS season. Bring some ideas for the 2025–2026 season if you have any brewing....

Auditions & Evaluations, Part II

The next installment of A&E is **Saturday, March 15**. If you'd like to observe because you think you might want to participate yourself next year, please contact Betsey Sesler at bsesler@gmail.com

Creativity and Innovation in Music for Hospice and Healthcare

Date: Saturday, March 8, 2025, 1:00–2:30pm ET

Presenter: Nicole Anderson, CTM-CCM

Title: Integrating Therapeutic Music and Nature

Description: Studies show that both music and nature have healing benefits on physical, mental, emotional, and spiritual levels. Peaceful sounds are heard in the outdoors every day: Birds, animals, insects, water, wind, and more. What happens when we choose to accompany these sounds with music? The benefits often reach new depths in healing. Join Nicole as she discusses her history of integrating therapeutic music and nature and teaches you how to do the same.

To register: www.AtriumHealthFoundation.org/InterludeMusic



Nicole Anderson



New Date (previously scheduled for February 8): Saturday, March 22, 2025,
1:00–2:30pm ET

Presenter: Jan Valentine, CTM-CCM

Title: Therapeutic Gregorian Chant

Description: Gregorian chant emanates a profound sense of peacefulness, naturally inducing a deep inner calm. Based on the cadence of the human breath, Gregorian chant creates an illusion of space. Its unique and even rhythm and captivating sound compel the listener to pause and listen, inviting us into a serene place to help regulate blood pressure and reduce anxiety. This webinar will briefly overview the history and development of Gregorian chant and how to play chant therapeutically.

To register: www.AtriumHealthFoundation.org/InterludeMusic



Jan Valentine



Beste Toparlak Releases First Solo Album

Congratulations, Beste! Beste Toparlak's first solo album **Granados: Valses Poeticos** is available on all music platforms in Stereo & Dolby Atmos Spatial Sound formats.

Apple Music: <https://music.apple.com/tr/album/granados-vals-es-poeticos/1791549858>

Spotify: <https://open.spotify.com/artist/2Ee24V65jfiA1xkrqCxj9N>

Recording: Hasan Toparlak

Mix/Mastering: Hakan Kurşun

Publisher: Pb Music
Charlotte, NC, USA

Recap of Robbin Gordon-Cartier's Workshop, Ensemble and Performance

Many thanks to Robbin Gordon-Cartier for the very full Saturday she spent leading us through 2 workshops, an ensemble rehearsal, and performance! On top of that, Robbin and Delaine Leonard were back at Christ Episcopal Church bright and early Sunday morning, to play during two worship services as our thank you to the church for hosting us. Robbin also offered several individual lessons over the course of the weekend.

Thank you, Delaine, Catie Jackson, Jane Cooper, and CCAHS, for all that you did to make the weekend possible—including (but not limited to) funding Robbin's trip and time, hosting Robbin, obtaining the venue, selecting music, helping to haul harps to the 2nd floor, and tuning all of our harps before the performance!

To those of you who couldn't make it, you were certainly missed.



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