

HOSPICE & PALLIATIVE CARE OF CABARRUS COUNTY'S
INTERLUDE MUSIC PROGRAM PRESENTS

Creativity and Innovation in Music for Hospice and Healthcare: A Series of Webinars

Registration will be for the six-part webinar series, and recordings will be available for any missed sessions. Participants can earn 9.0 contact hours of continuing education credit.

SCHEDULE OF EVENTS



Singing with the Harp – Modern Styles | October 14, 2023 • 1 – 2:30 p.m. ET | *Verlene Schermer*

Learn the modern grooves and chords to use for accompanying yourself in jazz, blues, R&B, pop, rock, country and other modern styles. This will be a hands-on webinar and will be “hand-out heavy.” So, bring your harps and be prepared to have a lot of fun learning rhythmic patterns and cool chords! We will explore how these skills can be used in the therapeutic music setting.



The Power of Sound in the NICU | November 11, 2023 • 1 – 2:30 p.m. ET | *Sunita Staneslow*

Enveloping infants with soothing harp music was a dream job. My experiences playing in the NICU shaped how I worked with families in a children’s hospital in Israel. I took part in two medical studies and spent countless hours improvising and playing lullabies. I will share with you the highlights of my work and teach some of the patterns I used for improvising and arranging in this fragile environment.



Coping with Musician Injuries and How to Avoid Them | December 9, 2023 • 1 – 2:30 p.m. ET | *Kathleen Blackwell-Plank*

The physical demands of playing music (and transporting harps) can put musicians at risk for hand or arm injuries. This hands-on session will explore stretching techniques, warm-up routines and equipment that can help avoid injury. In addition, participants will be introduced to arrangements for one hand alone, which can be played while recovering from hand or arm injuries.



Music Makes the World Go Round | January 13, 2024 • 1 – 2:30 p.m. ET | *Monica Hargrave*

Studies have shown that playing music and listening to music can bring about feelings of peace. Music can be healing, for there is nothing like harp music to uplift and calm. Music is a universal language of different genres, and together we will explore and demonstrate ways to keep it simple but still improvise.



Music to Support a Meaningful Death | February 10, 2024 • 1 – 2:30 p.m. ET | *Catharine DeLong*

Catharine DeLong’s workshop offers effective uses of voice and harp for palliative individuals, their loved ones and staff. She brings her experience as a certified music thanatologist, contemplative musician, hospice chaplain and end-of-life educator. As a harp teacher for the new Accorda Music Thanatology Institute, Catharine will share ways to help patients and families experience the dying process as a natural passage.



There’s Music in that Name! | March 9, 2024 • 1 – 2:30 p.m. ET | *Mary Stevens*

This session will explore how to formulate and/or improvise a tune based on the letters of a person’s name. Mary will show you the formula for converting the letters of a person’s name (or location or food or animal or basically anything else) into musical notes and then using that pattern of notes as a basis for improvisation or composition. Is this a serious endeavor or a cool party trick? You decide!



This program is supported by the Cabarrus Arts Council and the North Carolina Arts Council, a division of the Department of Natural and Cultural Resources.

